

A milk choice of 1%, skim and fat free chocolate is served with all meals.

MOUNTAIN HOME PUBLIC SCHOOLS

Menu is subject to change based on weather and food availability.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

OCTOBER 2018, BREAKFAST

(lunch/breakfast menu)

CEREAL CHOICE OFFERED DAILY

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| JUICE CHOICE FRENCH TOAST STICKS SYRUP FRUIT | JUICE CHOICE BISCUIT/GRAVY SAUSAGE FRUIT | JUICE CHOICE MINI MAPLE PANCAKES SYRUP FRUIT | JUICE CHOICE BREAKFAST COMBO BAR TOAST FRUIT | JUICE CHOICE CEREAL CHOICE SUPER BUN FRUIT |
| 8 | 9 | 10 | 11 | 12 |
| JUICE CHOICE SOUTHERN CHICKEN & BISCUIT FRUIT | JUICE CHOICE PANCAKE ON A STICK SYRUP FRUIT | JUICE CHOICE MINI WAFFLES SYRUP FRUIT | JUICE CHOICE EGG & CHEESE BREADSTICK FRUIT | JUICE CHOICE CEREAL CHOICE TOAST/JELLY FRUIT |
| 15 | 16 | 17 | 18 | 19 |
| JUICE CHOICE CEREAL CHOICE WW POP TART FRUIT | JUICE CHOICE BREAKFAST COMBO BAR TOAST FRUIT | JUICE CHOICE BREAKFAST PIZZA FRUIT | JUICE CHOICE MINI STRAWBERRY PANCAKES SYRUP FRUIT | JUICE CHOICE OATMEAL/FRUIT TOAST |
| 22 | 23 | 24 | 25 | 26 |
| JUICE CHOICE BREAKFAST COMBO BAR TOAST FRUIT | JUICE CHOICE PANCAKE/ SYRUP BACON FRUIT | JUICE CHOICE BISCUIT & SAUSAGE FRUIT | JUICE CHOICE CEREAL CHOICE MINI BLUEBERRY MUFFIN FRUIT | NO SCHOOL FOR STUDENTS |
| 29 | 30 | 31 | | |
| JUICE CHOICE FRENCH TOAST STICKS SYRUP FRUIT | JUICE CHOICE SAUSAGE BISCUIT GRAVY FRUIT | JUICE CHOICE CEREAL CHOICE WW DONUT FRUIT | | |



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OCTOBER 2018, LUNCH

(lunch/breakfast menu)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------|-----------------------|----------------------------|---|-----------------------------------|
| 1 | 2 | 3 | 4 | 5 |
| GRILLED CHEESE SANDWICH | CHICKEN MELT/BUN | GROUND BEEF & MACARONI | HAMBURGER/BUN | TACO SOUP |
| TOMATO SOUP | ROMAINE SALAD/DRSG | SEASONED GREEN BEANS | LETTUCE/TOMATO/PICKLE | TORTILLA CHIPS |
| CARROT STICKS/DIP | PEAS | JELLO | FRENCH FRIES | CHEESE |
| PEACHES | PEARS | MIXED FRUIT | BBQ BEANS | GREEN SALAD/ DRESSING |
| | BEATNIK CAKE/FROSTING | WG ROLL | FRUIT | APPLE |
| | | | | OATMEAL COOKIE |
| 8 | 9 | 10 | 11 | 12 |
| STUFFED CRUST PIZZA | COUNTRY FRIED STEAK | CHILI w/ BEANS | HOMESTYLE CHICKEN | CRISPY FISH STICKS |
| CAL BLEND VEGGIES | MASHED POTATOES/GRAVY | BROCCOLI FLORETS | PATTY/BUN | FISH SANDWICH 8-12 |
| GREEN SALAD/DRSG | SEASONED GREEN BEANS | TATOR TOTS | LETTUCE/TOM/PICKLE | POTATO WEDGES |
| APPLE | STRAWBERRIES | CINNAMON ROLL | PORK & BEANS | COLESLAW |
| SUGAR COOKIE | WG ROLL | FRUIT | BANANA | FRUIT COCKTAIL |
| | | | PUDDING | CORNBREAD |
| 15 | 16 | 17 | 18 | 19 |
| CORNDOG/MUSTARD | BREADED BEEF STRIPS | CHICKEN NUGGETS/ BBQ SAUCE | SUPER NACHOS | HAMBURGER/BUN |
| BBQ BEANS | MASHED POTATOES | SEASONED BROWN RICE | PINTO BEANS | OVEN FRIES |
| CORN ON COB | PEAS & CARROTS | STEAMED BROCCOLI | LETTUCE/TOMATO SALAD | LETTUCE/TOMATO/PICKLE |
| CHILLED PEARS | APPLE WEDGES | FRUIT | FRUIT CUP | FRESH FRUIT |
| | WG ROLL | | COOKIE | RICE KRISPIE TREAT |
| | | | | |
| 22 | 23 | 24 | 25 | 26 |
| COUNTRY FRIED STEAK | CHICKEN FAJITA | TURKEY SUB SANDWICH | COWBOY CAVATINI | NO SCHOOL FOR STUDENTS |
| MASHED POTATOES/GRAVY | PEPPERS/ONION/SALSA | LETTUCE/TOMATO/PICKLE | GARDEN SALAD/DRSG | |
| STEAMED BROCCOLI | REFRIED BEANS | BROCCOLI FLORETS/ DIP | GREEN PEAS | |
| ASSORTED FRESH FRUIT | SPANISH RICE | PEACHES | PINEAPPLE TIDBITS | |
| WG ROLL | PEARS | ROYAL BROWNIE | WG BREADSTICKS | |
| | | | | |
| 29 | 30 | 31 |  | |
| PEPPERONI PIZZA | CHICKEN NUGGETS/SAUCE | STROMBOLI | | |
| TOSSED SALAD/DRSG | OVEN FRIES | CORN ON COB | | |
| STEAMED BROCCOLI | STEAMED CARROTS | GREEN SALAD/ DRESSING | | |
| FRUIT | FRESH FRUIT | STRAWBERRIES | | |
| CINNAMON BREAD | WG ROLL | | | |
| | | | | |